



Mt. Lebo Aqua Club

LEBO Swimming

Winter Learn to Swim and Blue Group Registration begins Wednesday Dec 1, 2010.

Registration will be ONLINE at MLACSWIMMING.COM beginning on December 1 and continuing until Friday January 7, 2011.

These swim lessons will be offered at the Mt. Lebanon High School pool and are offered on Saturday mornings. Please note that there are some breaks in the schedule because the pool will be closed on SAT testing dates.

Learn to Swim is offered for children 4years old and older. Our instruction system is designed to take swimmers of all abilities and move them through 7 levels of skills. Once a child has passed Level 7 and is capable of swimming 25 yards (one length) unassisted, they will be permitted to move onto the Blue Groups.

Instructors are in the water in this lesson session working directly with your child on the specific skill set for their swim level. *Cost is \$135 for Mt. Lebanon residents, \$155 for non- residents*

Blue Groups are divided into Dolphins (8 and under) and Stingrays (9 and over). These swimmers must be able to swim freestyle unassisted for 25 yards to be in this group. These sessions are conducted in the manner of a typical “swim practice” where the children swim laps and the coaches are on the side of the pool, directing their progress. *Cost is \$165 for Mt. Lebanon residents, \$185 for non- residents.*

MLAC Winter Session Dates:

January 8, 15, and 29
February 5, 12, 19 and 26
March 5, 19 and 26

Class times are:

9:00AM – 9:40AM
9:45AM – 10:25AM
10:30AM – 11:10AM
11:15AM – 11:55AM
Blue Group Dolphins noon-1pm
Blue Group Stingrays 1pm-2pm

Please note this as a 10 week session.

Registration is online and open 24 hours a day. Any registration received after January 3, 2011 will be assessed a \$25 late fee per family.

Please direct any questions to mj.mcfarland@hotmail.com or call the MLAC message line at 412-344-7070.